

## CG 140A: Career and Life Planning

Provides tools and resources for making informed career decisions. Covers assessing career confidence and readiness, skills, values, interests, personality, barriers, lifestyle, education and approaches to decision making. Covers how to research career information. Includes educational decision-making which covers determining a field or program of study, and college or training program.

Credits: 3

Prerequisites: Placement into WR 115 and RD 115. Audit available.

Program: [College Success and Career Guidance](#)

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